



**STEAMBOAT ADAPTIVE RECREATIONAL SPORTS  
RECREATIONAL THERAPY INTERNSHIP  
SEMESTER: Winter 2020/21**

**Position:** Recreational Therapy Internship

**Time Frame:** January-April (start and end date negotiable) | Full-time

**About STARS:** With a mission to empower and enrich lives through adaptive recreational activities, STARS (Steamboat Adaptive Recreational Sports) was founded in 2006 to provide recreational programming to individuals with disabilities. We strive to increase our participants' independence while focusing on their abilities rather than disabilities. Our program is based on the three pillars of safety, fun, and learning so participants can work to achieve their personal goals!

**Job Description:** The Therapeutic Recreation Intern's role with STARS is to learn and work as a professional in the field while assisting with all aspects of programming and administration. The intern will be supervised by the internship supervisor who is a Certified Therapeutic Recreation Specialist (CTRS) and will provide exposure to all areas of the National Council for Therapeutic Recreation Certification (NCTRC) job task analysis domains. The intern is expected to have completed most if not all required educational coursework to be prepared to work in the field. All aspects of the APIE process (Assessment, Planning, Implementation, and Evaluation) will be taught and applied throughout the duration of the internship experience. Working alongside the internship supervisor, both summer and winter interns will be expected to assist in all areas of programming including but not limited to: in-person delivery of programs, planning and preparing for future programs, administrative duties, working with volunteers, coordinating programs, and much more. This internship is designed to provide the best educational, hands-on experience to adequately prepare you to be a professional in the field.

**Duties and Responsibilities:**

- Follow and abide by all agency policies and procedure
- Attend all required clinics and training
- Work alongside the internship supervisor and program team in all aspects of programming including assessment, planning, implementation, and evaluation
- Complete all required documentation for individual and group programs
- Attend all weekly staff and intern meetings
- Provide adaptive recreation to people of all ages and ability levels
- Promote STARS and the Therapeutic Recreation profession to all individuals
- Complete all daily logs, journals, assignments, and projects required of you by your educational institution
- Provide services alongside all STARS volunteers
- Complete a special project approved by the internship supervisor (see below) and provide an in-service presentation to staff on the chosen project
- Participate in program and internship evaluations

### **Qualifications:**

- Experience working with people with disabilities and knowledge of basic disability characteristics
- Must have an affiliation with a college or university, be obtaining a degree in Therapeutic Recreation, and be considered eligible by NCTRC
- Experience with various outdoor activities including skiing/snowboarding, snowshoeing, cross-country skiing, sled hockey, hiking, cycling, rock climbing, kayaking, paddle boarding, swimming, water-skiing, Special Olympics for winter interns, and therapeutic horseback riding for summer interns
- Ability to lead and instruct groups of participants in adaptive recreational activities
- Must abide by all NCTRC Standards of Practice and ATRA Code of Ethics
- Ability to communicate effectively and empathetically with participants, parents/caregivers, volunteers, staff, and donors
- Ability to lift 50+ lbs. and have knowledge of basic transferring procedures
- Must possess current CPR/First Aid Certification or be willing to obtain within first 2 weeks of internship
- Possess basic computer processing skills
- Pass a background check

### **Expectations:**

- Be an advocate for yourself and others in all situations
- Ability to maintain a positive attitude throughout adverse situations and conditions
- Represent STARS in a professional and responsible manner both on and off the clock
- Willingness to provide programs in all outdoor settings and weather conditions
- Cooperate and collaborate with all STARS staff, board members, volunteers, participants, parents/caregivers, and donors
- Occasional long days, weekend, and evening work is expected
- Ability to give and receive feedback in a positive manner

### **Hour and Week Requirements:**

In accordance with NCTRS requirements, the intern will complete a minimum of 14 consecutive weeks, working 20-45 hours per week for a minimum total of 560 hours.

### **Benefits:**

- STARS provides furnished housing
- STARS provides a stipend of \$1,300 (50% paid half-way through the internship with the remaining 50% paid at the conclusion)
- STARS provides hard gear season rentals (skis, boots, helmets, etc), a ski pass to Steamboat Mountain Resort, and relevant training upon arrival

### **Special Project:**

The choices for a special project to complete during the internship are as follows:

- Provide an in-service presentation to staff on a disability topic
- Design an adaptive piece of equipment
- Complete a case study
- Co-organize and lead a special event
- Pass the exam to become a certified PSIA Level 1 Adaptive Ski Instructor (winter only)

**Deadline:** Applications will be reviewed starting on September 25th, 2020. We will continue to accept applications after this date, and the posting will be removed once the position is filled.

**How to Apply:**

Email a resume and cover letter. Please indicate which internship and semester you are applying for in the subject line of your email.

The cover letter and resume should detail the following:

- Why do you want to be a CTRS intern with STARS?
- Your experience working with individuals with disabilities
- What knowledge (if any) do you have the following winter recreation activities: Skiing/snowboarding, snowshoeing, cross-country skiing, sled hockey?
- What are your goals and what do you hope to gain from being a CTRS intern with STARS?
- Describe your experience with planning and implementing adaptive programming (if any)?
- Any additional comments as needed

**Submit To:**

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