

SERVING INJURED VETERANS: HEALTHY MINDS HEALTHY BODIES



You're invited to our next "Serving Injured Veterans" 2-day continuing education training workshop.

This workshop is designed to give professionals working with injured veterans, up-to-date information regarding veteran topics including veteran culture, general injury (physical and psychological) and disability awareness, barriers (and solutions) in a fitness facility environment, and adapted exercise programming for these individuals. The goal is to build the professional's capacity of awareness of veteran specific issues, provide information and build confidence to run veteran interviews, provide safe and effective exercise and wellness programs, and direction for collecting data and evaluative results. Breakfast/Lunch each day and HMHB manual included.

Requirements for participation: CTRS/CPRP. Current ACSM certification or current NCCA accredited health/fitness related certification (e.g.) ACE, NCSE, NASM, NFPT, NSCA, Cooper Institute, etc. COPSKT, LCSW or similar. 1.5 CEU's will apply specific to your credentials.

There is limited seating, so we ask that you click on the below link, no later than March 4, 2020 to reserve your spot.

Please Note: It is mandatory that you attend both days.

This event is in cooperation with NEDSRA and Addison Park



If you have any question regarding the event or how to register, please reach out to Donna Allen-Sebok at (847) 372-1092.

We thank you in advance for your attention and response and look forward to seeing you at the workshop.

When:

Friday, March 20, 2020 at 8:00AM-5:00PM

CST and

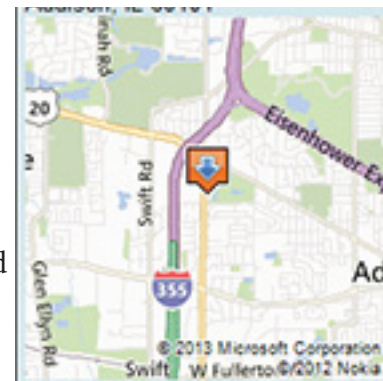
Saturday, March 21, 2020 at 8:00AM-5:00PM

CST

Where:

NEDSRA Facility
1770 W Centennial Pl
Addison, IL 60101

(North Entrance behind
1776 Club Fitness)



Register Now:
<http://allenforce.org>